



THE DOMINION SYSTEM PRESENTS

THE 5 FLAMES OF LEGACY

A Guide to Taking Dominion Over Your Life



FAITH



FAMILY



FITNESS



FINANCES



FREEDOM

"Then God said, 'Let them have dominion...'" — Genesis 1:26



THE BLUEPRINT

Your Path to **Dominion**

Everything you need to reignite what matters most and build a life of legacy.

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A LETTER TO YOU

Before We Begin, Let's Be **Honest.**

Something brought you here. Maybe it was curiosity. Maybe it was frustration. Maybe it was that quiet voice in the back of your mind that keeps saying, *"There has to be more than this."*

You're not wrong.

Most people spend their entire lives chasing income at the expense of everything else. They sacrifice their health for a paycheck. They miss their kids' games for a meeting. They let their faith slip because they're too exhausted to show up. And somewhere along the way, the very things that were supposed to make life worth living start to fade.

"What good is financial success if you lose yourself in the process?"

That question is the reason this guide exists.

The 5 Flames of Legacy isn't a productivity hack. It's not a motivational speech. It's a way of living that puts what matters most at the center of everything you do. And when you pair it with **The Dominion System** and **The FIRE Code**, you don't just protect these flames. You make them burn brighter than they ever have before.

This guide will walk you through each flame, ask you the hard questions, and show you exactly how our ecosystem is designed to reignite what may have gone dim and keep it burning for good.

Let's get started.



THE ECOSYSTEM

How It All Works Together

The Dominion System isn't just one thing. It's an ecosystem of four connected pieces, each designed to serve a specific purpose in helping you take dominion over every area of your life.



The Dominion System (The Umbrella)

This is the overarching framework. Everything lives under The Dominion System. It's the complete system for building income while protecting and strengthening the 5 areas that define a life worth living. It's not just a business. It's a way of operating that puts your priorities first and builds everything else around them.



The Flame Keepers Society

This is the front door. The Flame Keepers Society is a discovery community where people learn about The 5 Flames of Legacy, connect with like-minded people, and see how The Dominion System works in real life. It's where curiosity turns into clarity.



The 5 Flames of Legacy (The Compass)

These are the five areas that define a life of real legacy: Faith, Family, Fitness, Finances, and Freedom. They're the compass that guides every decision inside The Dominion System. When all 5 flames are burning, everything in your life works better. When one goes out, the others start to flicker.



The FIRE Code (The Methodology)

This is the simple, proven 4-step process that makes everything work: Fuel, Inspire, Reveal, Empower. No complexity. No guesswork. Just a clear path that anyone can follow to create income while honoring their values. It's the engine that drives results inside The Dominion System.



The Refinery (The Community)

This is where iron sharpens iron. The Refinery is a high-level community of people who are committed to keeping all 5 flames burning while building real income. It's where accountability meets action. Where you're surrounded by people who refuse to settle. You'll never build alone again.

"The Flame Keepers Society opens the door. The 5 Flames give you the compass. The FIRE Code gives you the engine. And The Refinery gives you the people who make sure you never stop."



01 FAITH

The flame that guides everything else.



Faith is the foundation. It's the thing that keeps you grounded when the world gets loud. It's what you lean on when nothing else makes sense. Whether your faith is rooted in God, in a higher purpose, or in something bigger than yourself, it's the flame that gives meaning to all the others.

But here's what happens to most people. Life gets busy. Work takes over. The hustle becomes the priority. And slowly, quietly, that connection starts to fade. You stop praying. You stop reflecting. You stop being still long enough to hear what matters.

When was the last time you felt truly connected to your faith? Not just going through the motions, but genuinely grounded in something bigger than your circumstances?

If your faith flame went out tomorrow, what would be left to guide you through the hard seasons?

How The FIRE Code Reignites This Flame

 The Dominion System isn't built to pull you away from your faith. It's built around it. Inside  The Refinery, you'll find a community filled with people who lead with purpose, who pray before they plan, and who understand that real success starts on your knees, not at your desk.

You'll be surrounded by leaders who don't just talk about values. They live them. And when you're in an environment like that, your faith doesn't just survive. It grows stronger than it's ever been.

Keep This Flame Burning

Daily: Start each morning with 10 minutes of prayer, meditation, or reflection before you check your phone.

Weekly: Attend a service, join a faith group, or spend intentional time in scripture or spiritual reading.

Inside The Refinery: Connect with partners who share your values and hold you accountable to leading with faith first.



02 FAMILY

The flame that makes it all worth it.


You got into this to give your family a better life. More time. More presence. More freedom. But somewhere along the way, the thing you were building for became the thing you were building without.


Missed dinners. Missed bedtimes. Being physically there but mentally somewhere else. Your kids don't remember the deals you closed. They remember whether you were there. Your spouse doesn't care about your rank. They care about whether you're present.

If your family described your presence over the last 6 months, what would they honestly say? Would they say you were there? Really there?

What moments have you already missed that you can never get back? And how many more are you willing to lose?

How The FIRE Code Reignites This Flame

Most opportunities force you to choose between building income and being with your family.  The Dominion System doesn't. It's designed to fit into your life, not replace it. You don't need to be on calls every night. You don't need to miss weekends. You don't need to sacrifice the people you love for the income you want.

Inside  The Refinery, you'll find parents, spouses, and families who are building together. People who understand that the whole point of creating more income is to create more life with the people who matter most.

Keep This Flame Burning

Daily: Put your phone down for at least one hour of undivided family time. No notifications. No distractions.

Weekly: Schedule one non-negotiable family activity that everyone looks forward to.

Inside The Refinery: Build on a schedule that protects family time. Our tools and automation do the heavy lifting so you don't have to.



03 FITNESS

The flame that fuels your capacity.


Your body is the vehicle for everything you want to accomplish. Your energy. Your clarity. Your confidence. Your ability to show up and lead. All of it runs through your physical health. And when that flame starts to dim, everything else suffers.


You know the feeling. You're tired all the time. You don't have the energy to play with your kids. You look in the mirror and don't recognize the person staring back. You keep telling yourself you'll start next Monday. But next Monday never comes.

How many times have you told yourself "I'll get back in shape when things slow down"? And when exactly has life ever slowed down?

What would your life look like if you woke up every morning with real energy, real confidence, and a body that matched your ambition?

How The FIRE Code Reignites This Flame

 The Dominion System doesn't just talk about health. It's built around products and a lifestyle that support it. The very thing you share with others is the thing that fuels your own body. That's not a coincidence. It's by design.

Inside  The Refinery, you'll find accountability partners who are on the same journey. People who push each other to show up, stay consistent, and treat their body like the asset it is.

Keep This Flame Burning

Daily: Move your body for at least 30 minutes. Walk, lift, stretch. Something every single day.

Weekly: Meal prep or plan your nutrition for the week ahead. Fuel your body with intention.

Inside The Refinery: Use the community for accountability. Share your wins. Show up even when you don't feel like it.



04 FINANCES

The flame that creates options.


Money isn't everything. But let's not pretend it doesn't matter. Financial stress is one of the leading causes of anxiety, broken relationships, and lost dreams. When your finances are out of control, it bleeds into every other area of your life.


You can't be fully present with your family when you're worried about bills. You can't invest in your health when you're living paycheck to paycheck. You can't pour into your faith when survival mode is all you know.

*If you lost your primary income tomorrow, how long could you sustain your current lifestyle?
Does that number make you feel secure or terrified?*

What dreams have you put on hold because "the money just isn't there yet"?

How The FIRE Code Reignites This Flame

 The Dominion System is built to create real, residual income. Not a side hustle that trades more of your time. Not a get-rich-quick scheme. A legitimate, proven system that allows you to build income around the life you actually want to live.

Inside  The Refinery, you'll learn from people who have already built what you're working toward. People who started exactly where you are and now have the financial freedom to live on their own terms.

Keep This Flame Burning

Daily: Spend 10 minutes reviewing your finances, goals, and dreams. Know your numbers.

Weekly: Take one intentional action toward building a second income stream.

Inside The Refinery: Follow the FIRE Code daily. The system is designed to produce results when you work it consistently.



05 FREEDOM

The flame that proves it's all working.


Freedom is the result of all the other flames burning together. It's not just about money. It's about time. It's about choice. It's about waking up and knowing that today, you get to live on your terms.


Most people think freedom is something you earn after decades of grinding. But that's a lie. Freedom is available now, if you're willing to build differently. If you're willing to stop trading your life for a paycheck and start building something that gives your life back.

What does real freedom look like for you? Not the Instagram version. The real, honest, "this is what I actually want my life to look like" version?

If nothing changes in the next 5 years, where will you be? Is that where you want to end up?

How The FIRE Code Reignites This Flame

 The Dominion System is designed to create freedom by design, not by accident. The income is residual. The tools do the heavy lifting. The community holds you accountable. And the framework keeps you grounded in what actually matters while you build.

Inside  The Refinery, freedom isn't a theory. It's a lived experience. You'll be surrounded by people who have already walked the path you're on. People who can show you exactly what's possible when all 5 flames are burning.

Keep This Flame Burning

Daily: Spend 10 minutes in rest, gratitude, or personal growth. Protect your peace.

Weekly: Do one thing that reminds you why you started. Something that reconnects you to your vision.

Inside The Refinery: Surround yourself with people who are living proof that this works. Let their freedom fuel yours.



THE METHODOLOGY

The FIRE Code

Inside The Dominion System, this is the simple, proven methodology that makes everything work. Four steps. No complexity. No guesswork. Just a clear path that anyone can follow.

F

FUEL

Add value to someone's life before you ever ask for anything. Lead with generosity. Help first. When you show up as someone who genuinely cares about other people's lives, everything changes. People are drawn to that. Not because of what you're selling, but because of who you are. That's the first step. Fuel their fire before you ever mention yours.

I

INSPIRE

Share your testimony or someone else's. People don't connect with pitches. They connect with stories. When someone hears how this system changed a real person's life, something shifts inside them. They start to believe it could work for them too. Your story, or the story of someone in your community, becomes the bridge between where they are and where they want to be.


R

REVEAL

Use the tools and your community to show them how it can help. This isn't about convincing anyone. It's about revealing a path they didn't know existed. The done-for-you funnels, the training, the community, the leadership. You don't have to be the expert. You just have to point them to the system and let it speak for itself.

E

EMPOWER

Enroll them in the program and support their goals across all 5 flames. This is where most systems fail. They sign people up and disappear. Not here. When someone joins, they're plugged into  The Refinery, a community that cares about their faith, their family, their fitness, their finances, and their freedom. We don't just help people make money. We help them build a life.



THE FIRE CODE 100

Your list of 100 people to connect with using the FIRE Code. Remember: Fuel first, then Inspire, Reveal, and Empower.

FUEL — Add value first • INSPIRE — Share a story • REVEAL — Show the system • EMPOWER — Enroll & support

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2			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
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"The harvest is plentiful, but the workers are few." — Matthew 9:37

THE FIRE CODE 100 (continued)

Keep going. Every name on this list is someone whose life could change because you showed up.

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THE TRUTH

All 5 Flames Are **Connected.**

When one flame goes out, the others start to flicker. When all 5 are burning, everything in your life works better.

When your **faith** is strong, you make better decisions for your **family**.

When your **family** is thriving, you have the motivation to take care of your **fitness**.

When your **fitness** is dialed in, you have the energy to build your **finances**.

When your **finances** are growing, you start experiencing real **freedom**.

And when you have **freedom**, you can pour back into your **faith** and start the cycle again, stronger.

"You don't have to choose between making a living and making a life. That's the whole point."

What Happens **Next**

This guide was designed to open your eyes to what's possible. But reading about it isn't enough. At some point, you have to decide: am I going to keep doing what I've been doing, or am I ready to build something that keeps all 5 flames burning?

If you're ready to take the next step, here's how to start building and keeping your 5 flames alive:

- **Watch The Dominion System Founders Video.** Hear directly from the founders about how this system was built and why it works.
- **Join The Flame Keepers Society.** Connect with others who are committed to protecting and growing their 5 flames.
- **Have a conversation.** No pressure. No pitch. Just an honest conversation about where you are and where you want to be.

This isn't for everyone. And that's okay. But if something in this guide hit home, if even one of those questions made you pause, that's worth paying attention to.

Your flames are worth protecting. Let's make sure they never go out.



Let's Expand Your Dominion, Together!

James Leonhardt & Michael Beal

FOUNDERS, THE DOMINION SYSTEM • of Legacy • The FIRE Code • The Refinery • © All Rights Reserved





YOUR SPECIALISTS

The Flame Keepers Council

Inside The Dominion System, you don't just get mentors. You get access to a team of specialists, each dedicated to helping you master one of the 5 Flames of Legacy.

Rate yourself honestly on each flame (circle 1–10), then write what you want to improve. This helps us understand exactly where to focus when we connect.

FAITH Your spiritual foundation and purpose



Low 1 2 3 4 5 6 7 8 9 10 High

What I want to improve:

FAMILY Relationships and legacy at home



Low 1 2 3 4 5 6 7 8 9 10 High

What I want to improve:

FITNESS Health, energy, and physical performance



Low 1 2 3 4 5 6 7 8 9 10 High

What I want to improve:

FINANCES Income streams and financial freedom



Low 1 2 3 4 5 6 7 8 9 10 High

What I want to improve:

FREEDOM Time, choice, and true independence



Low 1 2 3 4 5 6 7 8 9 10 High

What I want to improve:

Which flame needs the most attention right now?

What would your life look like if that flame was burning at a 10?



THE FLAMES OF DOMINION TRACKER

Keep your flames burning. Track your daily dominion.

Name: _____

Week of: _____

THE 5 FLAMES OF LEGACY — Daily Life Growth

FLAME	DAILY GOAL	M	T	W	T	F	S	S
FAITH	15 min prayer, devotion, or meditation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FAMILY	30 min quality time or intentional connection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FITNESS	30 min workout or active movement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FINANCES	10 min reviewing finances, goals & dreams	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
FREEDOM	10 min rest, gratitude, or personal growth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

THE FIRE CODE — Daily Business Growth

CODE	DAILY GOAL	M	T	W	T	F	S	S
F	FUEL — Add value to 2 people's lives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I	INSPIRE — Share 1 testimony or story	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
R	REVEAL — Show the system to 1 new person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E	EMPOWER — Enroll or support 1 person's goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Your Daily 8 Actions of Refinement

DAILY ACTION	M	T	W	T	F	S	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

WEEKLY REFLECTION

Which flame burned brightest this week?

Which flame needs more attention?

Biggest FIRE Code win this week?

One thing I'll do differently next week:

MY DOMINION GOALS

This Week:

This Month:

90 Days:

1 Year:

"Then God said, 'Let them have dominion...' — Genesis 1:26